

## NCTA Horse Sale

*Continued from page 1*

only one to sell at the horse sale. His horse, a 2008 Red Roan Mare named "Lilly," was donated to the school from the Haythorn Land and Cattle Company. "Lilly" was described at the sale as being quiet, willing to learn, and smooth traveling.

Joanna Hergenreder said, "Buyer numbers were down from last year and as such we did not do as well this year. Between high feed costs and a struggling economy, we were up against some tough odds this year. Even so, many of the people that attended were very supportive of the mission behind the sale, which is to provide a unique hands-on opportunity for the students. We hope to continue to provide this opportunity to our students here at NCTA."

The NCTA Horse Sale not only provided a gateway for buyers and sellers in the horse world but also gave educational tools to the students that go here. It was a building block for the students to be knowledgeable and considerate when entering into the equine industry.

## CALENDAR OF EVENTS

### October

- 27-28 Sherman Tegtmeier Reining and Horsemanship Clinic at 7:00 a.m.
- 27 Halloween Carnival at 5:00 p.m.
- 29 Pumpkin Carving Contest at 4:00 p.m.
- 31 Student Senate Meeting at 12:00 p.m.
- 31 Haunted House at 6:00 p.m.

### November

- 1 Halloween Dance at 9:00 p.m.
- 5 Open House at 9:00 a.m.
- 6 Medicine Creek 4-H Club Meeting at 7:00 p.m.
- 8 Farm Bureau Club Meeting at 6:30 p.m.
- 12 Registration Begins for Spring Semester 2013
- 13 Texas Hold 'Em Tournament
- 14 Student Senate Meeting
- 20 Residence Halls close for Thanksgiving at 5:00 p.m.
- 21-23 Thanksgiving Vacation

To add an event, contact Eric Reed at [ereed2@unl.edu](mailto:ereed2@unl.edu)

## Things I Think

By Kevin Martin

1. We need to slow down driving around here...it's going to end up bad if we don't. Lots of little kids in this part of town.
2. Chumlee gets \$25,000 per episode for "Pawn Stars." Really?
3. Not sure how we got by before they made those giant toilet seats. Yes, every bathroom in my house.
4. Bullies bully because of their own insecurities and shortcomings. Tell them to look in the mirror and fix themselves.
5. You know it's too cold in your house when you wake up and all the dogs are in a pile.
6. \$7 bucks to get into a high school football game is nuts.
7. Drives me crazy to watch supposed "adults" spend their parents' money like it's nothing. They earned it. Did you?
8. Is "never mind" the same as "whatever" in angry woman talk? I got both in the same sentence last night.
9. Pictures. Keep them. Someday you will be glad you did.
10. How do you tell someone elderly they shouldn't drive anymore? Taking an old man's keys seems like neutering a dog to me.



### NCTA BOOKSTORE HOLIDAY SALE!!

**Scrub tops ~ \$21.99**  
**Hoodies ~ \$26.00**  
**Crew Neck Sweatshirts ~ \$24.00**  
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**Portfolios ~ \$13.00**  
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**Slingpaks ~ \$6.89**

Taking orders for sizes and colors.

Place order by Nov. 15

**Bookstore Hours:**  
 Mon. - 8-Noon  
 Tues. - 8-2:00  
 Wed. - 8-Noon  
 Thurs. - 8-2:00  
 Fri. 8-Noon

*Do your Christmas shopping in the bookstore!!*





Nebraska College of Technical Agriculture

# AGGIE UP!



## 2nd Annual NCTA Horse Sale

By Amanda Castle

If you were looking to buy a horse, this Saturday, October 20, would have been a good day to find one. The NCTA Horse Sale was back on campus for the second year and had many horses that offered great prospective. The sale took place in the Livestock Teaching Center Arena. The doors opened at 9:00 a.m., with the preview between 10:00 a.m. to 11:00 a.m. and the sale beginning at 1:00 p.m. Everything from weanlings to yearlings to riding horses were ready for the sale.



NCTA held its second annual horse sale on October 20.

Besides the students in the Equine Industry Management Option class, there was another student, Brooks Hobrocks, who chose to do a work-study with a horse and later sold it in the sale as well. Two other students, Matt Dole and Chris Kohl, also participated as work-study employees. These three students worked with horses around the age of four. They worked with the beginning grounds and worked up to having a riding horse that can be virtually transferred into any discipline after being sold. Professor Terri Jo Bek remarked: "the three young men came in every morning, five days a week, at 6:30 a.m. to be ready to ride at 7:00 a.m. and ride until 9:00 a.m.. The plan was to sell two horses and keep one horse for the school's program." However, Brooks' was the

The sale was open not just to the public but to the students of NCTA, particularly students in the Equine Industry Management Option class, who participated in the sale. Each student in the class was given a horse to work with for the sale. Joanna Hergenreder, Assistant Professor in Agriculture Production Systems and a key role in the sale, said: "The Equine Marketing Techniques class gained valuable experience about preparing for and running a sale, as they were involved in every aspect of the sale since the beginning of the semester. These students worked with the NCTA horses consigned to the sale for a number of weeks and prepared the sale catalog, promotional material, and advertising material."

### Available Online

- [ncta.unl.edu/aggie-up](http://ncta.unl.edu/aggie-up)
- [facebook.com/aggieup](https://facebook.com/aggieup)

### Inside this Issue

- Volleyball Champs
- Editorials by Amanda Castle and Megan Streweler
- Aggies Speak Out
- Health Tips
- Bra Race
- Exotics
- Bookstore Big Sale
- Halloween Events

### Aggie Up! Staff

- Amanda Castle  
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- Megan Streweler  
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- Eric Reed,  
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## Amanda's Column: Cast Your Vote!

Opinion by Amanda Castle, *Editor*



Anyone else had enough with all the political campaign ads that seem to have gone viral, especially in the last few months? Radio, television, news-

paper and phone advertisements honking their way into our lives and both sides of the debate are making claims and accusing the other side of accusations.

Some of us get so discouraged with it all that we result to shutting off that part of the world and not even bothering with voting.

Others, perhaps the more energetic in the political atmosphere—thrive in it all, watching every presidential debate, following each candidate's steps, watching the latest polls and maybe even campaigning for the candidate in the community. I can't help but to place myself in both of these situations.

I dislike how the political campaigning, especially in a presidential election year, consumes virtually everything in some way or another. Just as my great grandmother use to say to the pushing candidates, "I believe there is a place and a time for everything and

unfortunately this is neither the place nor the time." Millions of dollars shouldn't be wasted on campaign ads that try to splatter the other candidate's image. The hustle and bustle of the political campaigning can really discourage the potential voters, with good reason.

However, I find the importance in voting and being actively informed in the candidates to be very significant. I am a firm believer in the power of voting. I was reading through my favorite magazine, *Range: The Cowboy Spirit on America's Outback*, and it had an interesting story about the Tea Party movement. One particular phrase stood out at me, it was so simple yet very true. It simply read in black

**"It is your  
choice  
to make  
change  
occur"**

bold letters, "Your silence will not protect you." How true is this statement? In my opinion, it is very true; your silence will not protect you.

It is your choice to make change occur; if you don't like what you see, it is your choice to speak out. Cast a vote; tell the nation your thoughts. It is in my opinion that

if you don't like what is going on today, then vote in this next election. Otherwise, don't complain, because it is not your entitlement to do so if you didn't do anything to prevent the outcome. As the same article said, "what you never say or do will haunt you. In your pain, you will continue to learn, your silence will not protect you."

Tuesday, November 6, 2012, is the day you get to make a decision. But before going, be informed. Take an interest in finding out about the candidates in each of the elections that could possibly be leading this country, states, and communities. Remember that we are the land of the free; not every country in this world allows its citizens to vote for their leaders. This is a freedom to which we are entitled, and we should take that pursuit with pride.

When Election Day comes, the votes are casted, and the results are announced; let us remember those who fought, those who are currently fighting for our freedom, and let this nation continue to be strong and never back down.



## Thoughts from an M&M Jar (Opinion by Megan Streweler)

*An Incredible Institution*



Growing up, I was constantly around horses with my step-dad. He taught me everything I know about horses and inspired a passion for them that will never be destroyed.

I spent hours out in the pastures with them, in which he taught me about the land and how it is full of resources for us to use, which I thought was so incredible that we literally have these resources at our fingertips.

This is something that many may take for granted, but then again it makes me wonder, what is agriculture to them? Could it be the food on their plate, seeing a farmer out harvesting his crop, looking across a meadow dotted with cattle? I don't know, but isn't that the beauty of agriculture: that it's everywhere! It's the clothes on our backs, the food we eat, and the gas in our vehicles, (if we purchase ethanol).

While going to school here at NCTA, most of the students are from an agriculture background and don't realize how special an institution that they are embodied in. We are one of the leading schools when it comes to hands on learning, which was specifically designed for kids like us.

Most farm and ranch kids don't want to have their heads stuck in books, and NCTA knows that. That's why we have been granted an amazing opportunity to have professors who understand what it means to actually get involved with our learning. They take us out to our campus feedlot and teach us about the operations and mechanics by actually performing them throughout our course work.

As for the vet techs, I have a roommate who is from a metropolis and my first question to her when

we met was, "Why did you pick Curtis?" It should come as no surprise, but it was for our one-of-a-kind vet tech program, as each student has the privilege to work with and handle real live animals. It didn't hit me until that moment that no other school that I could think of has a vet tech program where student's not only learn from local and accomplished veterinarians but that we have the largest exotic program for the vet tech's as well.

The same goes for the agronomy programs. The students get to go out and actually look at real plants and crops. With the 100-acre program, they get to learn how to operate and manage their own farm and to make

it a dream that CAN come true, and with today's sky-rocketing prices on inputs, most without this is opportunity are stuck with the high chances of just working for a farmer.

I notice a lot of times, the NCTA students get their fair share of being at the bottom end of jokes as we are a school consisting of ag-obsessed kids. But when I hear those jokes and snide remarks of how other colleges are "so much better" than ours, my chest puffs out and I swell up with pride because I love our college as it teaches students how to

be the backbone of our society. We have amazing programs that are not offered anywhere else--programs that teach students how to be entrepreneurs and leaders., programs that teach us how to feed the world. We have teachers that are passionate about their jobs and actually care about their students. We're not just a number here but an individual with dreams and at NCTA they want to make our dreams come true.

Agriculture is our  
wisest pursuit, because  
it will in the end  
contribute most to  
real wealth, good  
morals, and happiness.

LETTER FROM THOMAS JEFFERSON  
TO GEORGE WASHINGTON (1787)

[www.TheSilverPen.com](http://www.TheSilverPen.com)

# Bump, Set, Spike!

By Megan Streweler

Bump, Set, Spike! For the last few months, this is what six teams of campus intermural volleyball were focused on. Starting the season, there were five student teams and one faculty team: Rodeo House, Little Livestock Judges, Sets on the Beach, AARP, The Nighthawks, and No Names.

The set up for they intermural volleyball was just a regular season round robin and there was a single elimination tournament, with last night being the championship game between two teams.

Sets on the Beach and Rodeo House battled it off on the court last night. As a crowd of students watched from the bleachers, the first set was won by Sets on the Beach followed with an impressive win by Rodeo House in the second set. Then for the last set it was Sets on the Beach that pulled off the win. There were medals handed out to each of the member of the winning team.

“It has been a great season,” Matt Allbright stated that evening. “I have been very pleased with the participation in volleyball this year. We have had a number of spectators come and watch our games and I think they have enjoyed watching as well.”

As for intermural sports on campus, Matt is hoping that by the end of the semester to have a dodge ball tournament set up. Nonetheless, there will be basketball, softball, and a kickball tournament available for intermural sports as well.

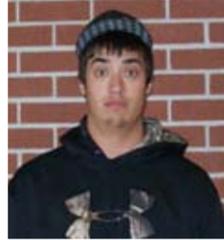


NCTA intramural volleyball champions. Back Row, L-R: Miranda Bertsch, Bailey Obermeyer, Bill Leapley, Chelsea Nealon, and Brandon Salpas. Front Row L-R: Lynnsey Riha, Carly Lobeda, Tess Hughes, and James Goeman. (Photo by Megan Streweler)

# Aggies Speak Out

*Do you think voting is important, and do you plan to vote in this year's election?*

Josh Swalve: Ainsworth, Nebraska



“Yeah I think it’s important that we vote because that is our right as an American. It is based on giving us the power to choose the leader of our country, and I haven’t decided whether I’m going to vote yet.”

Cody Vandegrift: Cambridge, Nebraska



“Voting is as important as you want to make it, and yes I plan to vote, so I don’t get asked if I did by everybody.”

Kara Reimers: Boelus, Nebraska



“Yes, I think voting is important. Everyone is entitled to their opinions. Voting is a way for us to express those opinions freely. Unfortunately, I won’t be voting this year in the elections.”

Jacob Wilgenburg: Fort Morgan, Colorado



“Voting is very important because it’s our way of voicing our opinions to the government, which affects our daily lives. I voted in this election because Colorado is a swing state in the presidential election.”

# Pumpkin Carving Contest

Residence Life and the Activities Office will sponsor a Pumpkin Carving Contest October 29, at 4 p.m. Bring your own pumpkin and design; carving tools and haunted treats will be provided. You can also drop off your carved pumpkin at this time. Judging will be Tuesday, October 30.

# Exotics

By Morgan Bredthauer



Prissy is enjoying one of her favorite spots to perch while under the careful watch of students. (Photo by Amanda Castle)

NCTA is the home of many animals. Here on campus we house a variety of livestock, companion, and exotic animals. Livestock and companion animals could be safely called commonplace. But exotics, or non-traditional pets, are less so. At our hands-on school we house one of the largest collections of exotics, which serve to educate students by providing this unique experience.

Walking the halls, students and visitors alike cannot pass by without saying “hello” to the various animals housed in the Vet Tech building. Our exotics include several species of snakes, amphibians, lizards, and birds. The variety in species helps college students become more familiar with each one, from our Burmese python to our red-tailed hawk, Chip, to the furry ferrets.

When asked about NCTA’s large collection of animals and the variety of species, Professor Judy Bowmaster-Cole stated that “hopefully our students will not be surprised by anything that comes through the vet hospital’s doors.” Some of the courses offered at NCTA dealing with exotics include Fur and Feathers, Exotic Animal Care, and Safari.

There is also a Safari Club here on campus that will open students’ eyes wider to more opportunities for their future. Here at NCTA,

professors and staff make it possible for the students to find their dream and pursue it. And the exotics that NCTA houses are a big step in this process.



The African spurred tortoise, Fredrick, is enjoying his meal. (Photo by Amanda Castle)



Rosy, the Hog Island Boa is one of NCTA’s larger snakes. (Photo by Amanda Castle)

## Save the Ta Ta's Bra Race

By Megan Streweler

A great crowd showed up for Thursday's entertainment for a cause. While most of the spectators wore pink to show their support for Breast Cancer Awareness, there were several demonstrating their support.

Looking down into the arena of the Dr. Edward Stencil Livestock Teaching Center, one could see several college students in which they were wearing a bra on the outside of their clothing with water balloons tucked inside as they were riding horses.

Dr. Douglas Smith, a professor at NCTA, an-



The Trophies that were won by Jared Taylor and Chris Kohl. (Photo by Megan Streweler)



NCTA Students riding their horses with the bras and water balloons. (Photo by Megan Streweler)

nounced the event, as each rider rode in circle formation around the arena. The first contestants to lose both of their balloons were out of the competition. The first competition consisted of the participating students riding their horses in saddles while walking, sitting the trot, extending the trot, and loping without losing their balloons. For many this seemed to be an easy task, so the difficulty level was increased by dropping one strap of their bra while performing each of the gates and then finally to go strapless at each gate. The winner of this contest was Jared Taylor who took home his trophy of 1 liter pop wrapped with

a bra and candy.

The second competition was more challenging, as it consisted of each competitor riding bareback while performing the same gates. For one unlucky student, this was not a success and for a few others, they did not wish to ride bareback. However, there were many students that riding bareback provided them with no challenge, so once again, Smith had to increase the difficulty level by have them remove one strap of their bra at each gate and then finally

to go strapless. Finishing out the competition with Chris Kohl with a win and also was able to take home a trophy.

The Collegiate Cattleman hosted this event to show their support for Breast Cancer Awareness month and that the proceeds will go towards research for a cure.

## Phi Theta Kappa Exceeds Blood Drive Goal



Phi Theta Kappa Honor Society surpassed its goal of 46 units of blood donated on October 11.

## Note to Students!

Please meet with your advisor to set up a time to look at the spring schedule and get registered for spring classes!

## Health Tips for College Students

By Megan Streweler

Ahhh...college. The good ol' days of eating ramen noodles, Doritos and drinking all the pop we want. Staying up all night working on homework that we have somehow procrastinated on and sleeping in until five minutes till class. What a great life, right? Not really, because if this is your daily routine, you're going to have health issues. You know that myth that a lot of kids or adults talk about, the Freshman Fifteen or the Freshman Twenty? It exists, and every single one of us is susceptible to it.

Studentuniverse.com lists six things we need to do as college students to stay healthy and focused:

### 1. Focus on Fitness

Instead of taking your stress out on the pizza bar in the dining hall, take it out on a treadmill! If you are lacking motivation, grab a buddy and hit the gym together. It's not easy to skimp out on a workout when a friend is relying on you, so buddy up and motivate each other!

The average student should get about 30 minutes of exercise per day. Exercise counts as any activity that gets your heart beat up. Walking to class, going for a brief jog, Even taking the stairs instead of the elevator increases your heart beat and adds towards that 30 minutes.

### 2. Cook at Home

If you have the option to cook for yourself, defiantly take advantage! When you're the chef you know exactly what and how much of something is being put into your meals. Being able to control how much butter, sugar or oil goes into meals allows you to be more conscious of your food choices. If living with a group of friends, coordinate nights to cook together or nights were you each take on a meal and serve to one another. Cooking can be fun, social and also help you maintain a healthy lifestyle!

### 3. Fill Yourself Up With Veggies and Fruit

Full up on fruits and veggies throughout the day to curb cravings. College students simply don't get enough of these two food groups. The average college student should eat at least 2 cups of fruit and about 3 cups of veggies everyday. To get extra servings top cereal or yogurt with strawberries, raspberries or bananas. To squeeze a serving of veggies, top your pizza with peppers, onions, broccoli, or whatever you prefer!

### 4. Step Away From the TV

Mindless eating often occurs while watching TV. When eating in front of a show it is hard to realize how much we are consuming, because our minds are elsewhere. Being away at school, out of our parents house, there is no one telling us when dinner is, or what and when to eat.

A good way to avoid mindless eating is to make your own rules.

If you tend to sit in front of the TV and eat, try and change your pattern by sitting down at a table and away from technology.

### 5. Go to Sleep!

Late night studying or staying out with friends can make it challenging for many students to get a proper sleep. Budget your time to make sure you get in your ZZZs. Organizing your day to make sure you get your sleep will not only be make you happier, but you will not be relying on food and caffeine to get your energy up throughout the day.

Lack of sleep contributes to diabetes as well as obesity. Not to mention waking up groggy puts a damper on everything else you have going on the next day.

### 6. Cut Back on Soda, Drink More Water

Growing up, we have all been told by our parents and teachers to avoid drinking soda. We were told it causes diabetes and obesity. While the occasional soft drink is not life-threatening, drinking soda everyday, multiple times a day can really affect your health. I'm not just talking about regular soda, diet soda is also a culprit. Studies show that those who consume diet soda on a regular basis are more prone to over eating, most likely because they are rewarding themselves for not consuming calories from their drink. Not to mention sodas are filled with all sorts of chemicals, that over time can cause harm to your body.

Overall, limit the soda and substitute it for good ol' water! Studies have shown that while most students do gain around 5 to 8 pounds freshman year, it's no where near the "freshmen 15".

Students continue to pack on weight throughout the four years, not just the first. It should be called "college 15".

To avoid the weight gain, tweak your lifestyle, incorporate the tips above into your routines to ensure a happy and healthier you!



Clip art courtesy halloween-clipart.clipartonline.net