

Volleyball Team Starts Season



Kneeling Left to Right - Karla Freudenburg, Chelsea Altena, Maddie Thurstron, Lauren Smalley. Standing Left to Right - Eliza Benteman, Nichole Hornyak, Kalli Van Ryswyk, Jordsan Van Ryswyk, Sheyna Huddle, Abby Sybrant.

NCTA got off to a rocky start for their 2011 campaign with a home loss to Faith Baptist Bible College. The Lady Aggies fell at home in a thrilling five set match by scores of 25-17, 10-25, 25-13, 23-25 and 11-15.

Coach Jeremy Sievers said, "I am proud of the way we came out in our first set and set the tone for the match. Our intensity did drop a little in the second match and again in the fourth, but that is something we can correct. I was proud of the way the girls fought Saturday and didn't give up until the end. There are a lot of positive things we can take away from this, and we should be able to build on this game."

NCTA was led by Sheyna Huddle of Neola, Iowa, with ten kills and the Van Ryswyk sisters, Jordyn and Kalli of Glenville, Minn., who both had seven kills.

Nichole Hornyak of Sutherland, Neb, had 18 assists and ten digs for the match. The libero position, filled by Karla Freudenburg of Madison, Neb., had a team high 17 digs over the five sets.

(cont'd)

freshmantips #1

there are parties every weekend.
there are only three exams.

freshmantips | tumblr

CALENDAR OF EVENTS

September

- 2 Student Senate Meeting at 12:00 p.m.
- 5 Labor Day (No classes)
- 12 Water Management Field Day at 6:00 p.m.
- 21 Class of '56 Reunion at 11:00 a.m.
- 30 VTCEA Annual Fall Conference at 7:30 a.m.

October

- 7 Les Vogt Clinic at 8:00 a.m.
- 12 Class of '51 Tour and Lunch at 8:00 a.m.
- 14 First 8-Week Final Exams
- 17-18 Fall Break (No classes)
- 19 Second 8-week session begins
- 22 Equine Sale at 7:00 a.m.
- 25 NE Agri Terrorism Meeting at 9:00 a.m.
- 31 Halloween Dance at 9:00 p.m.

To add an event to the Calendar of Events contact Eric Reed at ereed2@unl.edu or find an Aggie Up! editor.

(from cont'd)

Freshman outside hitter Chelsea Altena of Hyannis, Neb., had seven kills, seven digs and three ace serves. Sophomore setter Abby Sybrant of Bassett, Neb., had eight assists and ten digs.

NCTA will play Nebraska Christian College at home Sept. 9 at 7:00 and home again on September 10 to play host to the alumni of NCTA Volleyball at a time yet to be determined.

Safari Club



Back Row: Leesha Frasch, Beth Klintobe, Candace Cayer, Jordan Barent, Nicole Rettig, Jessical Schultz, Erin Homan. Front Row: Shannon Charmichael, Dayna Cayer, Chelsea Altena. Not Pictured: Lyndy Sorensen

The Safari Club is looking for new members who would like to join the club. The club hopes to grow its membership to fifteen and help pay for the costs of the Texas trip in May through a series of fundraising activities, such as selling bracelets (\$3.00), suckers (\$1.00) and cookbooks, which are soon to come! Support them by contacting any of the Safari Club members about the fundraisers.

Nebraska College of Technical Agriculture



AGGIE UP!



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Aggie Up! Staff:

- Tiffany Taylor, Co-Editor
- Aaron Couch, Co-Editor
- Eric Reed, Faculty Advisor

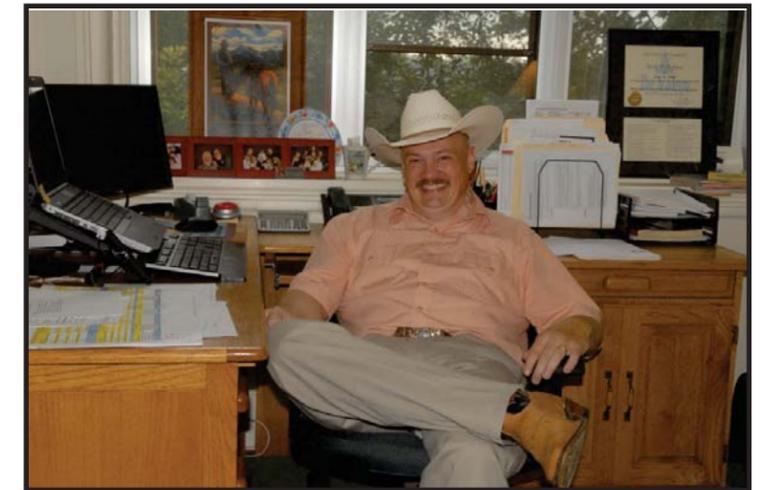
“Welcome” from Associate Dean

I hope your semester is off to a great start and that classes are challenging, yet rewarding. I am Scott Mickelsen, the Associate Dean here at NCTA. I grew up on a large cattle ranch in Idaho and bring with me a strong passion for agriculture coupled with education. My wife and I have owned an operation in Wyoming which we converted to a guest ranch operation, and brought people in from around the world to learn the life of a cowboy. Mitzi and I have 8 children that are the focus and center of our lives.

My role on campus has many responsibilities—some over arching initiatives that I have for myself are:

1. Get close to the student body
2. Connect with faculty and staff
3. Align with the community—Curtis America!

I am characterized as a team player. I have an open door policy and invite individuals to come and see me at any time. I am excited about the things that are happening at NCTA this fall. For example, hort students labeling trees around campus, students learning horse grooming and sale techniques, our livestock team working with nationally recognized seedstock



Scott Mickelsen, Photo by Eric Reed

operations as they travel and represent NCTA, the further development of our Farm/Ranch Practicum class, along with many great things in agronomy and Veterinary Technician programs.

The new semester is off to a great start with more returning sophomores than we have seen for the past three years. This tells me we are a great college where students enjoy learning, interacting with faculty and staff, as well as socializing with friends that have returned. Let's have a great semester and please let me know if there is anything that I might do to help.

Remember to be smart, make good decisions, and stay focused on your classes and education—you have enrolled at NCTA to help you, your family, and communities for a better tomorrow.



Staying Safe On Campus

By Meghan Callahan, CollegeInfoGeek.com
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You probably think of your college campus as home, at least while you are living there. I know I do! But it can be easy to forget that your “home” is open to all sorts of people—students, professors, employees, the general public—and not all of them are friendly. Here are 10 useful tips to help you stay safe while on campus! (Note: While some of these tips may seem to apply more to women, it is important to remember that ANYONE can be a victim of assault. Stay safe, no matter what gender you are!)

Be aware of your surroundings.

Don't start texting, talking on your phone, or surfing your iPod. Know what is happening around you, so you can't be taken by surprise. And walk with confidence! Project the image that you are a person who should NOT be messed with.

Don't walk alone at night.

I know this sounds like the kind of advice your mom would shout out the car window when she dropped you off at the movies back in the days before you were old enough to drive, but this tip applies just as much in the adult

world as it did then. If you know you are going to be studying late at the library or leaving a party before others, try to arrange a walking buddy in advance. The majority of college students are pack-minded creatures, so this shouldn't be too difficult. At the very least, try to walk with a crowd!

Go with your friends, leave with your friends.

This is the best way to make sure all of you are safe and accounted for when you exit the concert/party/guest speaker/other fun event. An easier way to implement this is to arrange a common meeting place or a check-in time with your friends. Let people know where you are, where you are going, and when you'll be back. Remember: nothing ruins an awesome night as quickly as a friend going missing or getting hurt!

Carry something to keep you safe.

If you absolutely have to walk alone, or are feeling uncomfortable, be sure you have something near at hand to help keep you safe. What this is depends on you (pepper spray is my protection of choice!) but something like a loud whistle, an air horn, or even your keys held in your fist are helpful. What you want is something that will stop anyone who is attempting to attack you and alert others that you are in trouble!



Photo courtesy CollegeInfoGeek.com

Watch what you drink.

The legal drinking age in the United States is 21. That said, alcohol is prevalent on most college campuses, no matter what age you are. It is extremely important that you are aware of how much you are drinking, not only so that you don't vomit on your friends, but also because you want to remain in command of your senses. It is very easy for people to take advantage of an individual who is drunk or passed out.

Watch what is INSIDE what you drink!

Flunitrazepam (aka Rohypnol, roofies, ruffies, ropes, easy-lay, or the date rape drug) is a sedative drug that is odorless, colorless, and tasteless. These qualities make it easy to slip in a drink. To avoid being exposed to this or other drugs, keep your drink in your hand. If you have to set it down, get a new one.

Know your campus security. [Yes, you're right... NCTA doesn't have any.]

These men and women are hired specifically by your campus to help with safety. Knowing their names and faces can help add to

your sense of security! Many colleges even have some sort of “safe walk” service, where you can call security and get someone to accompany you late at night so you can walk in safety.

Tell someone if something/someone is giving you the creeps.

You don't have to put up with leering stares, being followed, or a suspicious car parked outside your dorm on Thursdays. Let someone (campus security, your RA, or even the police) know if something is scaring you. It's their job to keep you safe.

It's okay to be rude if you're scared.

When you are fearful, yell. Scream. Kick, fight, curse; whatever you need to do to keep yourself safe or to get away from a scary situation is allowed! It is not your responsibility to protect the feelings of someone who wants to harm you.

When in doubt, get the &##* out!

This advice was given to me the very first day I arrived on my college campus. It rhymes, which makes it easy to remember, and it never fails. If you are in a situation where you doubt that you're safe or you just have an inexplicable bad feeling, GET OUT. It's all right to cut your losses and run; 9 times out of 10, you'll thank your lucky stars you did!

Aggies Speak Out

We're continuing the Aggies Speak Out tradition! We're curious: how have you dealt with the amount of chaos the first week? There has been a lot on campus for new and returning students. How have you handled it to make sure you are on top of everything?

Erin Cihak, Dallas, Tex.

I organized all my stuff before classes started. I made a schedule in Excel to keep me going to the right places and set up my binder with notebook paper and pockets so I had places to write and keep things for each of my classes all in one spot. I made sure I got enough sleep at night (well as close as possible). I tried to keep a positive attitude going into each of my classes!

Katy Knisley, Perkasi, Penn.

Just go with the flow of things and ask for help when you have a questions; it's just easier that way.

Cassie Ziemann, Lyons, Neb.

I just went with the flow. I understood that there would be problems because of the new dorms and such and didn't really care as long as I had a roof over my head and had a place to sleep.

Ashley Panowicz, Saint Paul, Neb.

Well, the chaos around campus really hasn't affected me too much this year. I just go about my day like I do other days, not paying much attention to all the construction & everything going on.

Missy Miller, Elmwood, Neb.

I mainly just asked the RA's what was going on and what they recommended to do while they were trying to find space for all the students that were supposed to live in Central; [it] seemed that everyone was just as lost as the new students. I went with the flow, concentrated on getting to my classes on time and everything else just fell into place. Everything seemed to turn out OK.

Desi Bruntz, Hastings, Neb.

I keep organized by using planners. I wouldn't be able to function without them. I even have two separate ones—one for school and one for life outside of school!

Sarah Klein, Roseland, Neb.

I handled it by not procrastinating, getting it done as soon as possible and talking to the instructors and my advisor so I can sort it all out!

Khrystyna Gerke, Blair, Neb.

Post-it notes, setting all four alarm clocks on my phone/setting events on my phone calendar. And caffeine. Oh, and having fun with friends... laughing at stupid stuff helps.

Katie Rogers, Laramie, Wyo.

After the very quiet summer, it is nice to see other people and new faces. The nice thing about living off campus is the ability to get away from the chaos.

Ariel Buhrman, Saint Libory, Neb.

I put one foot in front of the other and hope for the best

Kaci Schroer, Lawrence, Neb.

Yes, there has been a lot of chaos on campus this week, but that is to be expected with the start of a new year. For me, it was just a matter of taking it one project at a time, one day at a time and helping make the transition from summer back into school as smoothly and as welcoming as possible for all the students. Patience is what I have to give as advice in all these situations; we're all in the same boat so just sit back, relax and it will all go a lot smoother!

Jessica Schultz, Bellevue, Neb.

I stay on top of everything by doing one thing at a time. Usually organizing it by level of importance.

Michael Kukas, Lincoln, Neb.

I handled the chaos on campus with lots of notes or lists. Along with the lists, I had the attitude of “What do I have to do next?” Lots of planing ahead. The staff have been great at helping when you have that “Oh boy what do I do now?” look.

Karla Freudenburg, Madison, Neb.

I have just tried to be organized with all my school stuff and trying to just go with the flow. Everyone, especially first years, are confused with all the construction and where to be for classes. I compared with others of where they had to be and checking with others on what assignments were handed out in each class.

Casey Bringewatt, North Platte, Neb.

I just try to avoid the whole “chaos” and do my own things until things start to simmer down. Its pretty hard to get back into the grove of things, but once you do it's a walk in the park!

Beth Klinetobe, Grand Island, Neb

I try to make a list of things to do. Usually that ends up being written with a pen on the back of my hand, but it works. I choose which assignments or items to deal with in order by due date, usually. I have to make myself sit down and work until I'm happy with what I've accomplished. Then I go have fun, meet some first year students or whatever.

Tanner Mcvay, Paxton, Neb.

Well, first thing you have to do is stay positive. Keep your head held high and a smile on your face because it's not the end of the world to have a few things go wrong... its called life.

Want to participate in Aggies Speak Out? Join the Facebook group!