

YOU Can Make a Difference

Success Indicators

You will show examples of **philanthropy** in your community and demonstrate how you provide leadership and concern for others through your contributions.

Life Skills Practiced

Leadership, Sharing, Concern for Others

Project Skills Practiced

Community Involvement

Introduction

YOU can make a difference in your community! As Max Lucado noted, “The people who make a difference are not the ones with the credentials, but the ones with the concern.” When people in a community care about each other, the community as a whole is strengthened. In this chapter, you’ll investigate types of community service and propose ways you could make a difference. You also can put your thoughts into action by creating a presentation that will help promote community service.

Activity 1: Undercover Kindness

Supplies

Computer with Internet access

“Just imagine. You do a favor that really helps someone and tell him or her not to pay it back, but to pay it forward to three other people who, in turn, each pay it forward to three more — and on and on into a global outpouring of kindness and decency.” (Catherine Ryan Hyde, *Pay It Forward* video sleeve)

It’s hard to believe that one small kindness can have such a huge ripple effect. But it can! And you can be the person who starts it! Go to the Pay It Forward Foundation (<http://www.payitforwardmovement.com>) and read a couple of individual or school stories to learn more about how people are making a difference in their communities.

Discussion

Think of a time when somebody else did something nice for you without being asked. What did he or she do? How did it make you feel?

Did you return the favor, or in some way pass it along to the next person?

- What is the nicest thing you have ever done for somebody else?
- Did that person know you were responsible, or did you do it anonymously?
- What was her or his response?
- How did it make you feel?

Plan one or two simple “Undercover Kindness” actions you could do today and see what kind of reaction you get from that person.

E-Ship Clue

If you’ve never tried to give an “undercover kindness,” try it sometime. It will give you great satisfaction to know you’ve helped someone!

“Undercover Kindness” action	Reaction

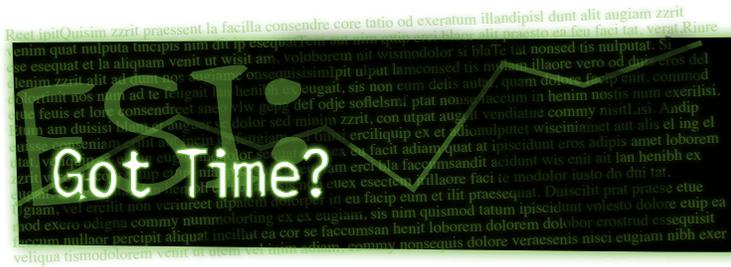
Activity 2: Pay It Back

Supplies

One pie (any kind will do), something to cut the pie, tooth picks, small strips of paper or flags, and paper plates and forks for eating.

Imagine that you were just awarded \$1 million that must be used or given away within the next 12 months. All capital gain taxes have been paid so you don’t have to worry about paying the government for the additional income. The money is for you to spend however you want, only you cannot invest the monies to increase your income. You must have every penny spent by the end of 12 months. What are you going to do?

1. First, put together a list of where you want the money to go and in what amounts. Make sure you use all your money.
2. Next, figure out what percentage of the money will go to each category. For example, if you donate \$200,000 to the Community Animal Shelter, the shelter’s percentage of the money is 20 percent, or you may decide to keep and spend 40 percent on yourself. It’s your decision.
3. Cut your pie into little wedges and use the same percentages that you have for your donations in Step 2. Using the toothpicks and flags, label each section of the pie with the category name.
4. On small strips of paper, write down each donation category, fold the papers and put them into a container. Have your friends, classmates or family draw a category. That is the piece of the pie that they get to eat. Now, enjoy!



Success Indicator

You will be able to identify the benefits and obstacles to good time management. You will be able to demonstrate good time management skills.

Life Skills Practiced

Wise Use of Resources, Decision-Making, Planning/Organizing

Project Skills Practiced

Time management

Introduction

Time is important, and there just doesn't seem to be enough of it. Time is a resource like money and knowledge; yet it's different because you can't make more of it. Once time is wasted, it's gone. Good time managers have learned how to make the best use of their time by prioritizing and learning effective tools to help them avoid time wasters. They gain respect and are viewed as reliable because they get things done on time.

Activity 1: Time Flies (When You're Havin' Fun!)

Although everyone has just 24 hours in a day, some people can cram a lot more into that time than others.

- ▶ Record your activities for 24 hours. Ask a family member to record his or her activities for the same time period.

Time	Your Activities	Time	Family Member's Activities
6:00 a.m.		6:00 a.m.	
7:00 a.m.		7:00 a.m.	
8:00 a.m.		8:00 a.m.	
9:00 a.m.		9:00 a.m.	
10:00 a.m.		10:00 a.m.	
11:00 a.m.		11:00 a.m.	
12:00 noon		12:00 noon	
1:00 p.m.		1:00 p.m.	
2:00 p.m.		2:00 p.m.	
3:00 p.m.		3:00 p.m.	
4:00 p.m.		4:00 p.m.	
5:00 p.m.		5:00 p.m.	
6:00 p.m.		6:00 p.m.	
7:00 p.m.		7:00 p.m.	
8:00 p.m.		8:00 p.m.	
9:00 p.m.		9:00 p.m.	
10:00 p.m.		10:00 p.m.	

Time	Your Activities	Time	Family Member's Activities
11:00 p.m.		11:00 p.m.	
12:00 midnight		12:00 midnight	
1:00 a.m.		1:00 a.m.	
2:00 a.m.		2:00 a.m.	
3:00 a.m.		3:00 a.m.	
4:00 a.m.		4:00 a.m.	
5:00 a.m.		5:00 a.m.	

Discussion

► How much time did each of you spend on ...

My Time: Family Member's Time:

- School and homework? _____
- Your job? _____
- Chores at home? _____
- Being with friends? _____
(in person or on the phone)
- Being with family? _____
- Meals _____
- TV or computer or video games _____
- Time for yourself _____
- Sleep _____
- Other _____

E-Ship Clue:

One of the best ways to have more time is to be aware of where your time is spent. Five or 10 minutes wasted here and there can add up to a lot of extra time!

- Who got more done? What is your definition of more? (more what?)
- What do you think accounts for the differences in how the time was spent by you and the family member?
- Did you have time when you weren't doing anything? Who had more "free time?" How was it spent?
- Do you consider any of your time wasted? Why or why not?